

$$\boxed{s^2 \stackrel{\text{def}}{=} \frac{1}{n-1} \sum_i (x_i - \bar{x})^2}$$

$$(n\!-\!1)s^2 = \sum_i (x_i - \bar{x})^2$$

$$\begin{aligned}(n\!-\!1)s^2 &= \sum_i (x_i - \bar{x})^2 = \sum_i \Big(x_i^2 - 2x_i\bar{x} + \bar{x}^2\Big) = \\&= \sum_i x_i^2 - 2\bar{x}\sum_i x_i + n\bar{x}^2\end{aligned}$$

$$(n\!-\!1)s^2 = \sum_i x_i^2 - 2\!\left(\frac{1}{n}\sum_i x_i\right)\!\!\sum_i x_i + n\!\left(\frac{1}{n}\sum_i x_i\right)^2$$

$$(n\!-\!1)s^2 = S\!\left(x^2\right)\!-\!\frac{2}{n}S^2\!\left(x\right)\!+\!\frac{1}{n}S^2\!\left(x\right)$$

$$(n\!-\!1)s^2 = S\!\left(x^2\right)\!-\!\frac{1}{n}S^2\!\left(x\right)$$

$$\boxed{s^2 \stackrel{\text{calc}}{=} \frac{1}{n-1}\!\left[S\!\left(x^2\right)\!-\!\frac{S^2\!\left(x\right)}{n}\right]}$$

$$\diamondsuit \hspace{-0.1cm} \diamond$$